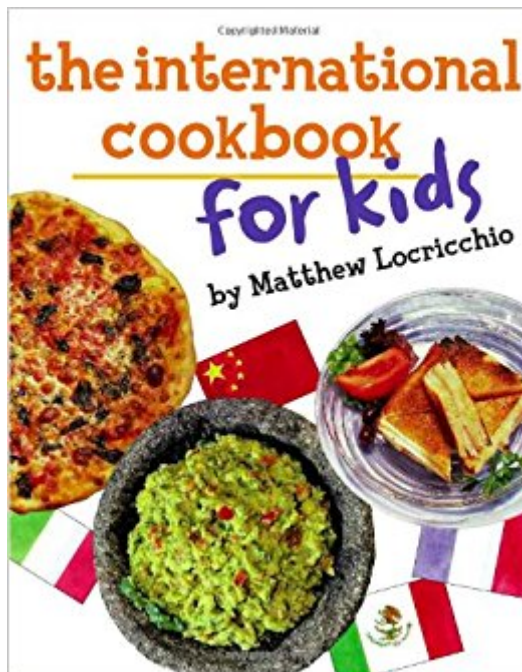


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The International Cookbook For Kids



Synopsis

On your mark . . . get set . . . COOK! The International Cookbook for Kids is packed with features that make cooking a snap: - 60 classic recipes from Italy, France, China, and Mexico - More than 100 full-color photographs and illustrations - Easy-to-follow recipe format - Kid-tested recipes ranging from appetizers to desserts - Chef's tips discussing ingredients, nutrition, and technique - Safety section discussing basic kitchen precautions - Special taco-party section

Book Information

Lexile Measure: 900 (What's this?)

Paperback: 176 pages

Publisher: Two Lions; Reprint edition (December 4, 2012)

Language: English

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ISBN-13: 978-0761463139

Product Dimensions: 8.5 x 1 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 87 customer reviews

Best Sellers Rank: #59,119 in Books (See Top 100 in Books) #27 in [Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition](#) #47 in [Books > Children's Books > Children's Cookbooks](#) #95 in [Books > Children's Books > Growing Up & Facts of Life > Health > Diseases](#)

Age Range: 9 - 12 years

Grade Level: 4th - 7th

Customer Reviews

Grade 5 Up - A tempting buffet of recipes for classic dishes from "the big four" of world cooking: Italy, France, China, and Mexico. Locricchio promotes cooking as teamwork involving family and friends in an enjoyable experience. The dishes chosen involve basic culinary techniques that are not always simple but often used in all types of cooking. A list of safety tips appears at the beginning of the book, but discussion of essential ingredients, cooking terms, and equipment is, unfortunately, placed at the end. Everything, including soup stock, is made from scratch, with an emphasis on fresh ingredients and the resulting superior flavor. Each recipe is introduced briefly with its cultural context. Ingredients and directions are clearly written, with all cutting, chopping, and other preparation steps listed before the actual cooking begins. A bright color photograph of each dish is

included. A special section devoted to "A Taco Party" begins with directions for making tacos (including frying tortillas), and proceeds through salsas, tostadas, guacamole, picadillo, carnitas, enchiladas, and beans. Several dishes involve handling dried or fresh chiles, but safety instructions for wearing gloves and taking other precautions aren't included until the end of this section. Overall, this is a strong collection of popular dishes attractively presented. More recipes for more international cuisines are included in the "Easy Menu Ethnic Cookbooks" series (Lerner), which includes Helga Parnell's *Cooking the South American Way* (1991). - Joyce Adams Burner, Hillcrest Library, Prairie Village, KS Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

The International Cookbook For Kids' by professional chef Matthew Locricchio specifically designed to be the perfect introduction to the joys, pleasures, and accomplishments of cooking for kids ages 12 and older. -- Midwest Book Review Picture-perfect for young cooks. -- Daily News, New York -- A tempting buffet of recipes for classic dishes from the 'big four' of world cooking: Italy, France, China, and Mexico. Locricchio promotes cooking as teamwork involving family and friends...a strong collection of popular dishes attractively presented. -- School Library Journal, -- Dishes that have kid appeal written all over them. -- San Francisco Chronicle Country-Style Pork...This recipe can be described with just one word: Awesome!-- Boston Globe --This text refers to an out of print or unavailable edition of this title.

I bought this book for my 12 year old daughter, whose been wanting to learn how to cook, along with a children's knife set. This book is AWESOME. Every meal that she's picked to make has come out delicious. The ingredients are very basic ingredients that you can find in your local grocery store, and the ingredient list isn't long or too involved. They also aren't ingredients that you'll use once and never need again; most of them you'll probably already have in your pantry. We also have dietary issues (Celiacs and lactose allergy) and we are able to substitute if needed and the meals still taste great! We also never have leftovers as everyone goes back for seconds. I HIGHLY recommend this book to any new chef. I cannot wait to pickup the 2nd edition once it's available. Tonight she made a pork and potato dish all on her own (my 19yr old supervised) and did an amazing job.

This is a very helpful book for teaching cooking skills and vocabulary. The Super Girls Club at church is about expanding the skills of young ladies. Excellent tool

I could not decide between "The International Cookbook for Kids" and "Emeril's There's a Chef in My World!: Recipes That Take You Places", so I ordered both of them and am very glad that I did. Locricchio does a bang-up job of introducing youngsters to the Big 4 cuisines of the world (French, Italian, Chinese & Mexican) while teaching children excellent foundation skills that will last them their entire lives. You won't find canned broth or bouillon cubes in The International Cookbook for Kids. Locricchio teaches them to make a variety of base stocks from scratch. You will find no mixes and no prepared foods here, just real food for real kids, heavy on the veggies and very light on the snack material. Emeril ranges further afield and includes foods from most regions of the world. He emphasizes good taste and uses a variety of cooking techniques. Nearly all of Emeril's recipes are things that I have been making myself for years and most of his recipes are so close to mine that I know they're good. You can't go wrong with either book. Better yet, do as I did and just buy both. Note: Neither of these books are suitable for the 4-8 age group as specified in the publication details.

Great full-page pictures of the completed dish. When needed, the recipe includes sketches showing how to perform a task. Each recipe is complete, from a shopping list of ingredients through prep and then cooking. Recipes feature real ingredients, not stuff from boxes or cans. The food tastes wonderful because it is made from fresh ingredients and ingredients you find in a standard American supermarket. I liked this book so much that I ordered the next edition, which is just as wonderful.

What does he mean cooking for kids. Adults can learn to cook international foods for themselves. Looks so good.

Thank you very much

Actually, I'm not so sure that it should have "for Kids" in the title. We are using it for two teenagers in our house and we wish it didn't have "for kids" on the title. Plus, some of the recipes seem to be way too advanced for kids. We're enjoying the recipes and plan to go through one a day until we finish the book. Most of the recipes are delicious and our girls are trying new flavors. New techniques are coming up like de-veining shrimp. We augment the book with YouTube cooking techniques.

Kids have used it

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